

Palliative Care Program Guide for Healthcare Providers



Islands Hospice



When is Palliative Care Right for a Patient?

Palliative care can be an extra layer of support for patients needing help with the following:



Managing complex and specific pain and symptoms, medications, and care coordination in-home or through telehealth



Establishing goals of care and advance care planning



Accessing disease-specific education and 24/7 telephonic nursing support



Breaking a cycle of rehospitalizations or readmissions



Islands Pathways*

We have three tiers within our palliative care program to fit your patients' needs. We can assist with **same-day consultations** to determine the appropriate pathway.

Transitional Palliative Care

- For patients with chronic illnesses, frequent hospitalizations, or multiple provider visits
- Support is available following facility discharge, including help with advance care planning, applications for financial or medical assistance, and facilitating access to food and other community resources

Assistive Palliative Care

- For patients that require additional pain and symptom management
- Nurse practitioner consultations and symptom management, **typically 1-2 visits per month**, and social work assistance. We also collaborate with other community providers and offer chaplain services

Comprehensive Palliative Care

- For patients eligible for HMSA Supportive Care, but do not have the benefit, or hospice services but choose to pursue treatments for their life-limiting illness
- Primarily seen by nurse practitioners **weekly**, with social work and chaplain services as needed

**Duration: Based on patient needs and interdisciplinary team (IDT) assessments*

How to Refer a Patient

Please call us at **808.550.2552**. Provide the patient's name, contact information, and a brief overview of their medical condition.

Our intake coordinator will promptly review the referral and reach out to the patient to schedule an initial assessment.

What Happens After Your Referral

Assessment

Our palliative care team will conduct a thorough assessment to understand the patient's needs, goals, & preferences.

Care Plan Development

Based on the assessment, we will create a customized care plan that addresses pain management, symptom control, emotional support, & any other patient concerns.

Ongoing Support

Our team will regularly visit the patient, monitor their progress, & adjust the care plan as needed. We can assist with same-day consultations to address urgent needs.

Medication Management

We will manage medications based on the patient's needs & physician preferences.

Collaboration

We maintain open lines of communication with referring providers, keeping you informed about your patient's progress & involving you in the decision-making process.